



personalized health pathways

Guided actions that provide members with preventative and convenient clinical resources, screening, and support.

Ovia Health is challenging the status quo that expert clinical guidance is only available during office visits.

Our Personalized Health Pathways connect members to comprehensive clinical supports and services at any time, and offer one-on-one support for the decisions and moments that matter most.

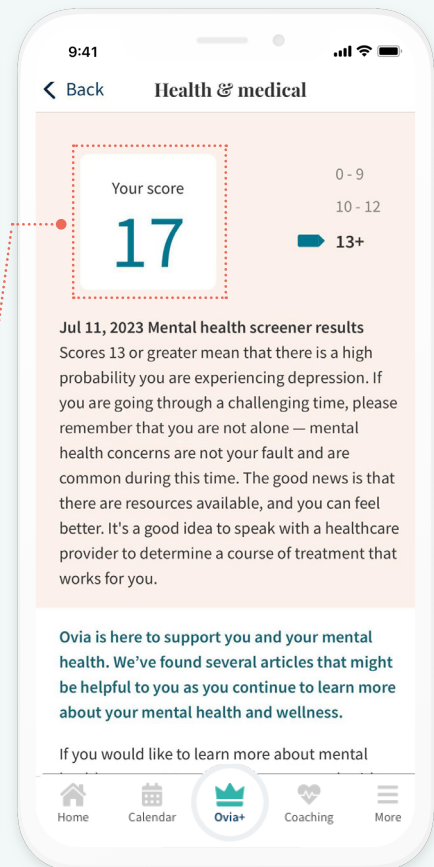
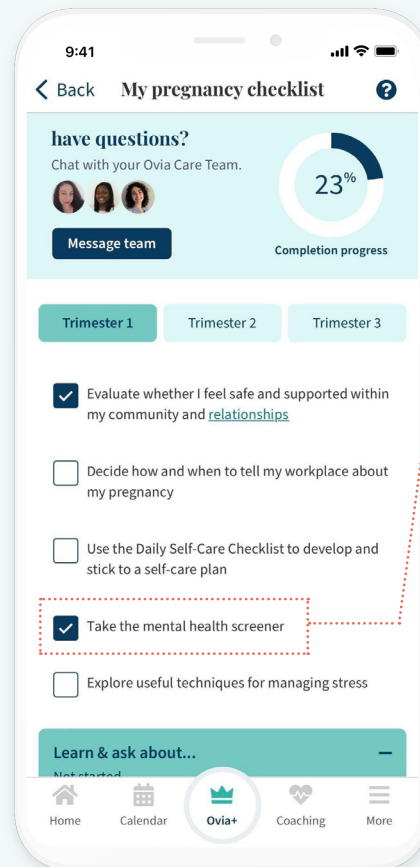
35%

of people are not screened for depression during pregnancy¹

Late and insufficient prenatal care increases maternal health risks.

Postpartum depression is associated with:

- Lower breastfeeding rates
- Poorer maternal + infant bonding
- Increased likelihood of infant developmental delays
- Adverse effects on maternal physical, mental, and nutritional health



Our Care Team is conveniently and continuously at each member's side, for any question whenever it's top of mind, 365 days a year.

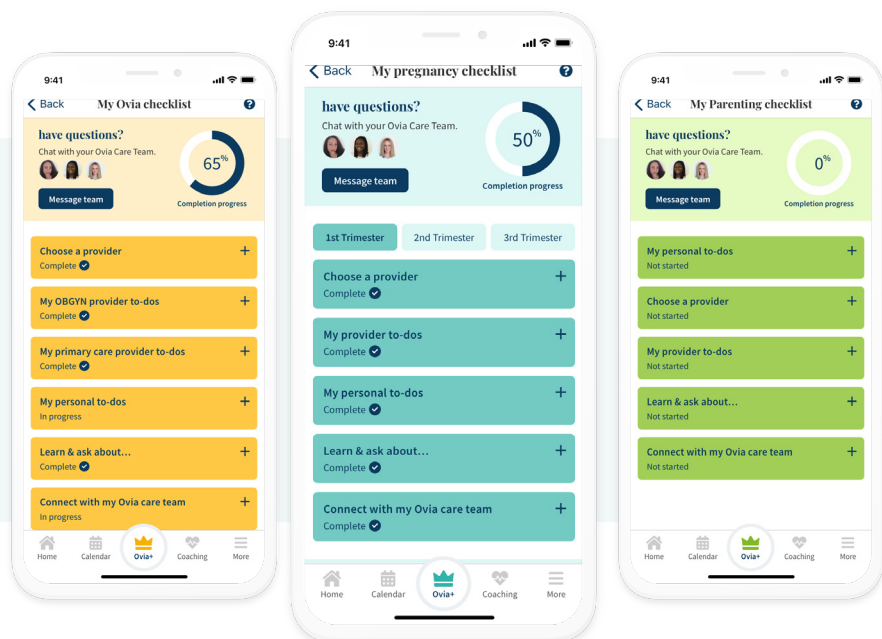
Giving Ovia+ members the tools and resources to confidently and knowledgeably navigate their journey.

365
days a year

Hi Lynn, how is everything going? Is there anything I can do to support you right now?

Hi Sara, my pregnancy checklist says I should ask my doctor about my blood type. Why is that important?

Great question! When you're pregnant, a small amount of your baby's blood can cross the placenta and mix with your blood. Your baby...



Personalized Health Pathways are available on Ovia, Ovia Pregnancy, and Ovia Parenting.

1. Sidebottom, A., et al. "Perinatal depression screening practices in a large health system." NIH.